

NEOAC JANUARY 2018 Hot Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	2 Cream of Mushroom Soup 3 Cheese Pasta Bake Carrots, Black Beans & Sugar Snap Peas & Corn 1pkt Saltines Fresh Orange	3 <u>New Year's Meal</u> Stuffed Chicken Breast w/Gravy Baked Potato w/pc Sour Cream & Butter Broccoli Florettes Dinner Roll Strawberry Short Cake Grape Juice	4 Pizza Burger Potato Wedges Tossed Salad w/Tomato & Cucumber PC Fat Free Italian Dressing Wheat Hamburger Roll Diced Peaches	5 Baked Fish w/Tomato, Pepper, Olive & Caper Sauce Yellow Squash, Carrott & Broccoli Brown Rice Pilaf 7 Grain Bread Pineapple Apple Juice
8 Chicken Noodle Soup Chicken Cordon Bleu Corn Brussel Sprouts Wheat Bread Fresh Pear	9 Beef Strips w/Burgundy Wine Sauce Carrots, Black Beans & Rosemary Roasted Potatoes Wheat Roll Chunky Applesauce Grape Juice	10 Whole Grain Rotini w/Ground Turkey Bolognese Broccoli & Cauliflower Tossed Salad w/ Romaine & Spinach & Cranberries & Carrots PC Balsamic Vinaigrette Dressing Small Marble Cup Cake	11 Sweet & Sour Meatballs Green Beans Almondine Brown Rice w/Bell Peppers Wheat Bread Mixed Fruit Cocktail	12 Panko Crusted Fish Tomato & Zucchini Scalloped Potatoes White Roll Mandarin Oranges
15 NEOAC CLOSED MLK HOLIDAY	16 Sliced Beef w/Pepper Cream Sauce Roasted Beets & Carrots Chopped Kale Spinach Rye Bread Tropical Fruit Mix Orange Juice	17 Baked Ziti w/Spinach Italian Blend Vegetables Caesar Salad PC Caesar Dressing Chocolate Chip Cooke	18 Herb Roasted Chicken Leg w/Gravy Collard Greens Buttery Grits 7 Grain Bread Diced Peaches	19 Vegetable Soup Mexican Omelet w/peppers, onions, tomatoes & cheddar cheese Homefries Whole Wheat Tortilla Fresh Orange
22 Turkey Ala King Warm Peach Crisp Wide Noodles Pumpernickel Bread Cinnamon Applesauce	23 Irish Beef Stew Sugar Snap Peas & Mushrooms Bowtie Pasta Wheat Bread Pineapple	24 Italian Wedding Soup Breaded Chicken Strips Sweet Potato Cubes Cole Slaw Mixed Fruit Cocktail	25 Meatloaf w/Mushroom Gravy Green Beans & Carrots Whipped Potatoes & Whipped Sweet Potatoes Wheat Bread Small Blueberry Cake Apple Juice	26 Crab Cake & Macaroni & Cheese Stewed Tomatoes Winter Blend Veggies White Bread Fresh Apple

<p>29 Sunday Roasted Chicken Thigh w/Pollet Sauce Peas & Onions Mashed Sweet Potatoes Wheat Bread Pudding</p>	<p>30 Cream of Mushroom Soup 3 Cheese Pasta Bake Carrots, Black Beans & Sugar Snap Peas & Corn 1pkt Saltines Fresh Orange</p>	<p>31 Grilled Honey BBQ Chicken Vegetarian Baked Beans Broccoli & Carrots Wheat Bread Diced Peaches</p>		